

# communication essentials



USE LESS PRESSURE AND MORE MODELING TO SET YOUR CHILD UP FOR COMMUNICATION SUCCESS

## 1. INSTEAD OF QUIZZING

EX: "WHAT'S THIS?",

SAY "IT'S A CAR!"

## 2. INSTEAD OF SAYING

"USE YOUR WORDS",

MODEL THE WORDS YOU WANT THEM TO SAY, EX: "I NEED HELP!"

## 3. INSTEAD OF ASKING THEM TO IMITATE YOU OVER AND OVER,

TRY TWICE AND MOVE ON

## 4. INSTEAD OF WITHHOLDING THE ITEM THEY WANT,

MODEL THE WORD, GIVE THEM A CHANCE TO IMITATE, & GIVE THEM THE ITEM

## 5. INSTEAD OF SAYING "DO IT NOW" OR ISSUING A THREAT,

SAY, "LET'S DO IT TOGETHER!"