



dayone.
A Program of Oakland Family Services



Are you or a member of your family experiencing anxiety, depression or another mental health concern as a result of the coronavirus pandemic? **Day One is here for you.**

NOW OFFERING VIRTUAL COUNSELING!

248.858.7766

dayone.oakland
familyservices.org

About Day One: Day One is Oakland Family Services' mental health treatment program. We work with children, teens and adults to address mental health issues such as depression, anxiety, and substance use disorder. Our staff members specialize in treating children as young as 4 years old.

Day One accepts most private health insurances, as well as Medicare, Medicaid, Medicaid HMOs and Healthy MI.



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