

DEVELOPMENTAL RED FLAGS FOR INFANTS

0 - 3 Months

- Feeding difficulties, especially when accompanied by irritability
- Preferring to turn head to one side more than the other
- Showing a strong preference for a specific posture or position, seldom moving out of a specific position
- Flattening of the back or side of head
- Decreased movement on one side of body compared to the other
- Excessive arching of back/body, or excessive stiffness or floppiness
- Significant birth history (trauma, medical complications at birth)

7 - 9 Months

- Scooting on back or bunny hopping on legs instead of crawling
- Inability to bring hands together at midline
- Inability to sit unsupported
- Difficulty bearing weight on hands and arms
- Limited desire to move, explore, or climb
- Asymmetrical use of the sides of the body
- Sitting with very wide legs or W-Sitting



4 - 6 Months

- Arching the body backward in any position
- Keeping one or both hands tightly clenched all the time
- Shifting weight and/or reaching only to one side during play
- Difficulty with initiating and maintaining side lying position (at 5-6 months)
- Lacking variety in movements on the floor
- Consistently falling forward or extending backward when placed in sitting (at 6 months)

10 - 12 Months

- Lack of variability in movement
- Lack of desire to explore using movement
- Strong preference for using one side of the body
- Consistent asymmetrical movement patterns
- Cruising only in one direction
- Consistently standing, cruising, or walking on tiptoes
- Having a general demeanor of "learned helplessness" - wanting and waiting for an adult to do everything for them
- Struggling with grasping and releasing objects

