

# FREE & LOW-COST SERVICES FOR MOMS & BABIES

## IMPORTANT - Call first for income requirements and availability

### PARENT SUPPORT SERVICES

City	Provider Name	Address	Phone	Services	Cost
Auburn Hills	Crossroads Pregnancy Center	3205 E South Blvd (248) 293-007		Childbirth & parenting classes	Free
Pontiac	Women, Infants, & Children (WIC) ➤	1200 N Telegraph Bldg 34E	(248) 858-1272	Supplemental food, breastfeeding support	Free
	Child Care Subsidy (DHHS) ▶	51111 Woodward Ave	(844) 799-9876	Child care assistance	Free
	Nurse On Call ≽	1200 N Telegraph Bldg 34E	(800) 848-5533	Public health hotline	Free
	Oakland Family Services ≽	114 Orchard Lake Rd	(248) 858-7766	Early childhood & developmental services	Free
Southfield	Great Start Parent Coalition 29201 Telegraph Rd		(248) 333-9545	Network and support services for parents	Free
Waterford	Early On ≽	2111 Pontiac Lake Road	(866) 456-2084	Developmental screenings & services for children under 3	Free
	Help Me Grow ≽	2111 Pontiac Lake Rd	(844) 456-5437	Referrals for free preschool & developmental screenings	Free

## **HEALTH SERVICES**

City	Provider Name	Address	Phone	Services	Cost
Ferndale	Ferndale Health Center - Planned Parenthood	23338 Woodward Ave	(248) 399-5900	Women's services, prenatal services	Low-cost
Oak Park	TWP - Northwest Medical Center ■	21040 Greenfield Rd	(248) 967-6500	Pediatrician/OBGYN	Low-cost
Pontiac	TWP - Pontiac Medical Center ■	46156 Woodward Ave	(248) 897-0900	OBGYN	Low-cost
	HCH - Family Medicine Center ■	461 West Huron Ste 107	(248) 724-7600	OBGYN	Low-cost
	McLaren Children's Health Services	673 MLK Jr Blvd	(248) 334-0024	Healthcare for uninsured children 0-18	Free
	Oakland County Health Division ▶	1200 N Telegraph Bldg 34E	(800) 848-5533	Vaccines	Low-cost
	Mercy Place Clinic	55 Clinton St	(248) 333-0840	Women's Health Program	Low-cost

#### Legend

Translation Services Available ■

Available in Other Cities ▶

TWP = The Wellness Plan

HCH = Honor Community Health



Updated: April 2019 Feel free to make copies & distribute.



# FREE & LOW-COST SERVICES FOR MOMS & BABIES

## IMPORTANT - Call first for income requirements and availability

### **HOME VISITING SERVICES**

City	Provider Name	Services	Cost	For More Information
Multiple Cities Available	OCHD Nurse Family Partnership ►	First time mothers	Free	
	Early Head Start ≽	Weekly visits - children under 3	Free	
	Fussy Baby ≽	Infant & toddlers - behavioral problems, overstimulated by sounds, sights, & activity	Free	For more information, service areas, & eligibility requirements, call:
	Maternal Infant Health Program ▶	Medicaid-eligible pregnant women & infants	Free	Home Visiting & Parenting Line: (844) 456-5437
	OCHD Community Nursing >	Home visits - pregnant women & infants	Free	or
	Parents As Teachers ≽	Families - children birth through 6	Free	Nurse On Call: (800) 848-5533
	Easter Seals ▶	Infant mental health	Free	
	OCHD Nurturing Parent ≽	Families - children birth to 18	Free	

FOOD. CLOTHING. DIAPERS. ETC.

City	Provider Name	Address	Phone	Services	Cost
Clarkston	Kids Kloset First Congregational Church of Clarkston	5479 Clarkston Road	(248) 394-0200	Children's clothing, formula, furniture, emergency food	Free
Pontiac	Catholic Charities of Southeast MI ▶	76 Williams	(248) 338-4250	Diapers, wipes, formula, baby food, infant clothing, blankets, etc.	Free
	Lighthouse of Oakland County	46156 Woodward Ave	(248) 920-6000	Emergency food, rent & utility assistance, household items, diapers	Free
	Baldwin Center	212 Baldwin Ave	(248) 332-6101	Clothing, baby food, infant formula, diapers	Free
	Furniture Bank of Oakland County	333 N Perry St	(248) 332-1300	Pack n' plays, furniture	Low-Cost
Southfield	Safe Kids Oakland County ▶	6001 West 9 Mile Road	(248) 849-2739	Car seats to qualifying caregivers	Free

#### Legend

Translation Services Available ■
Available in Other Cities ▶
TWP = The Wellness Plan
HCH = Honor Community Health

Updated: April 2019 Feel free to make copies & distribute.



