



Feeding and Eating Red Flags



If child is exhibiting these red flags while feeding and eating, please refer the child to Kids In Motion for an evaluation.

- Not transitioning to different styles of food as an infant
- Eats fewer than 20 foods
- Do not allow changes with foods (food jags), such as color, taste, texture, or packaging
- Omitting entire food groups
- Not meeting self-feeding milestones
- Cries, screams, tantrums with introduction of new foods
- Oral Motor concerns: drooling, dropping food from mouth, difficulty swallowing, coughing during eating

