Limit Setting

1

Get the Child's Attention
"Chris."

2

Describe the Prohibited Behavior
"You hit your friend."

3

State the Desired Behavior
"You can ask for a turn instead."

4

Set the Limit
"If you choose to hit your friend again, you'll need to choose another play area."

5

Use Descriptive Praise
"Chris, you chose to ask for a turn!"

6

Or Enforce the Consequence
"Chris, you chose to hit your friend again. Choose another play area."