

Making the Link Between Positive Parenting and the Seven Essential Life Skills for Children. How does parenting and child development intersect? The way we parent can nurture the very skills that children need—not just for success in the short-term—but across their entire lives.

Positive Parenting and the Seven Essential Life Skills for Children!

When Parents...

Children Develop Essential Life Skills...

Provide age-appropriate guidelines and limits for child behavior.

Recognize and regulate their own feelings and behaviors before they respond to their children.



Focus and Self Control



Work to understand or imagine the child's point of view.

Respond with sensitivity to their children's cues.



Perspective Taking

Delight in moments of connection with their children.

Act as a role model by seeking help, support or additional information about parenting when needed.



Effective Communication

Making Connections

Balance both parental needs and child needs. Recognize and celebrate their child's strengths, abilities and capacity to learn and develop.

Recognize that parenting is process of learning, and, at times, it can be stressful. Missteps are a natural part of child-rearing.



Critical Thinking

Taking on Challenges

Self-Directed, Engaged Learning