

# THE POWER OF PLAY-BASED LEARNING

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Play-based learning provides opportunities for children to develop new skills and knowledge through discovery and exploration



Young children learn best through playful experiences that are relevant and meaningful to their life (not through drill work, flashcards, worksheets, or screen time)

## LANGUAGE + EXPERIENCE = LEARNING

Worksheets and screen-based learning provide LANGUAGE, but no HANDS-ON EXPERIENCES



Why early childhood educators should be **DEFENDERS OF PLAY**

- Play is naturally motivating for children
- Play supports positive attitudes toward learning
- Play is critical for development of cognitive, language, social-emotional, and motor skills
- Play gives children a chance to practice what they are learning (Mister Rogers)
- Play-based movement is essential for young children with developing brains and bodies

