

ROUTINES-BASED *baby sign*

USE DAILY ROUTINES TO TEACH YOUR CHILD TO COMMUNICATE USING GESTURES AND SIMPLE SIGNS.



WAKING UP

HAVE YOUR CHILD REACH THEIR HANDS UP WHILE SAYING "UP" BEFORE YOU LIFT THEM OUT OF BED.



INDOOR PLAY

PLACE TOYS OUT OF REACH, HAVE YOUR CHILD SIGN "PLEASE" OR "WANT" TO OBTAIN THEM.



OUTDOOR PLAY

WHEN VISITING THE PLAYGROUND WITH YOUR CHILD, SIGN "HELP" BEFORE YOU GIVE THEM A BOOST OR PUSH.



MEALTIMES

SIGN "EAT BEFORE YOU GIVE YOUR CHILD A FEW BITES. SIGN "MORE" FOR THE NEXT BITE.



TAKING A WALK

SIGN "OUTSIDE" TO GO OUT AND GESTURE "I HEAR THAT" FOR ENVIRONMENTAL NOISES LIKE DOGS OR TRUCKS.



BATH

SIGN "BATH" BEFORE YOU PUT YOUR CHILD IN THE BATH AND "ALL DONE" BEFORE GETTING THEM OUT.



NIGHT TIME ROUTINE

SIGN "READ" AND "SLEEP".
BLOW KISSES TO SAY "I LOVE YOU" BEFORE BED.