

# TEACH YOUR CHILD TO: *follow directions*

Help your child learn to follow one-step directions by showing them what to do, doing these actions together, or helping them as needed.



## **WAKING UP**

GIVE ME YOUR PACIFIER, GET YOUR DIAPER,  
FIND A SHIRT/PANTS/SOCKS/SHOES



## **INDOOR PLAY**

FIND YOUR (CAR), STACK BLOCKS, HIT THE DRUM,  
PUT TOYS AWAY (IN A BIN OR BASKET)



## **OUTDOOR PLAY**

GET YOUR SHOES, PUT ON YOUR HAT, GO UP THE  
STAIRS, COME DOWN THE SLIDE, COME WITH ME



## **MEALTIMES**

GIVE ME A BITE, WIPE YOUR FACE, THROW AWAY  
YOUR NAPKIN, PUT YOUR CUP IN THE SINK



## **PLAY WITH A PET**

THROW THE BALL, PET THE DOG, GIVE THE  
DOG A TREAT, GET THE LEASH



## **CHORES**

WIPE THE TABLE, PICK UP TOYS, WATER THE  
FLOWERS, PUT CLOTHES IN THE HAMPER



## **BATH**

TAKE OFF YOUR SOCKS, GET YOUR TOWEL, GET IN THE  
BATH, SIT DOWN, WASH YOUR HEAD/BELLY/TOES



## **NIGHT TIME ROUTINE**

BRUSH YOUR TEETH, PICK A BOOK, TURN THE  
PAGE, HUG YOUR TEDDY, GIVE ME A KISS